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Anaesthesia services in developing countries are often limited due to a shortage of basic facilities, equipment and drugs, as well as a lack of personnel and proper training. Anaesthesia services for obstetric procedures pose a particular problem in developing countries, where high rates of anaesthesia-related complications and fetal/maternal mortality are seen in connection with otherwise common procedures such as caesarean section. This concise and practical pocketbook covers the basic principles of obstetric anaesthesia with a special emphasis on the unique challenges of service delivery in the developing world. The book will be useful for a range of practitioners in developing countries including anaesthetists, trainees, nurse anaesthetists, and district hospital doctors. Successfully combining the comprehensive depth of a textbook and the user-friendly features of a practical handbook, *A Practical Approach to Obstetric Anesthesia, 2nd Edition*, is a portable resource for both experienced and novice clinicians. Focusing on clinical issues in obstetric anesthesia, it uses an easy-to-follow outline format for quick reference, enhanced with numerous tables, figures, and photographs. The use of color in this edition highlights key information and improves readability for daily practice and study. Highly Commended in the Anaesthesia category of the 2017 BMA Medical Book Awards!

**Key Features:** Presents the most up-to-date information available in obstetric anesthesiology, including guidance on both routine and complicated patient care. Features new chapters on ultrasound and echocardiographic techniques, trauma, management of the opioid dependent parturient, and maternal morbidity and mortality. Covers pharmacology and physiology, antepartum considerations, labor and delivery, postpartum issues, and disease states in obstetric patients, including a chapter on obesity and pregnancy, as well as guidelines from national organizations. Provides Clinical Pearls throughout, as well as Key Points in each chapter and current references for further study. Now with the print edition, enjoy the bundled interactive eBook edition, which can be downloaded to your tablet and smartphone or accessed online and includes features like: Complete content with enhanced navigation Powerful search tools and smart navigation cross-links that pull results from content in the book, your notes, and even the web Cross-linked pages,

references, and more for easy navigation Highlighting tool for easier reference of key content throughout the text Ability to take and share notes with friends and colleagues Quick reference tabbing to save your favorite content for future use This is the first text to systematically review the evidence for obstetric anesthesia and analgesia. Evidence-based practice is now being embraced worldwide as a requirement for all clinicians; in the everyday use of anesthesia and analgesia for childbirth, anesthesiologists will find this synthesis of the best evidence an invaluable resource to inform their practice. Contributions from anesthetic specialists trained in the skills of systematic reviewing provide a comprehensive and practical guide to best practice in normal and caesarean section childbirth. This book, coming from one of the world's leading obstetric centers and the cradle of evidence-based medicine, is a much needed addition to the obstetric anesthesia literature. Successfully combining the comprehensive depth of a textbook and the user-friendly features of a practical handbook, *A Practical Approach to Obstetric Anesthesia*, 2nd Edition, is a portable resource for both experienced and novice clinicians. Focusing on clinical issues in obstetric anesthesia, it uses an easy-to-follow outline format for quick reference, enhanced with numerous tables, figures, and photographs. The use of color in this edition highlights key information and improves readability for daily practice and study. This text addresses the need for a book specifically aimed at obstetric anesthesia and covers topics such as pulmonary, cardiac renal, hepatic, hematologic, neurologic, endocrine and other diseases. The real anesthetic challenge arises when patients present to Labor and Delivery with unusual or complicated medical problems and, in recent years, a few of the larger institutions have developed an Obstetric Anesthesiology Consultation Service to prepare for the management of these patients. While most pregnant women who present to Labor and Delivery require anesthetic intervention, they typically meet the anesthesiologist for the first time in labor. Since the majority of laboring women are healthy without significant comorbidities, this does not present much of a challenge to the anesthesiologist and the anesthetic management tends to be straight-forward with favorable outcomes. However, using this new model, the anesthesiologist has the opportunity to discuss

the various treatment modalities and potentially suggest diagnostic testing to be performed prior to delivery, similar to the pre-operative testing that is done in other surgical environments. This handbook appeals to a wide audience, as it was written with the practicing anesthesiologists in mind, as well as nurse anesthetists, obstetricians, housestaff, and residents. The Obstetric Anesthesia Handbook supplies expert advice on every facet of anesthesia for childbirth and related obstetric procedures. The text is authoritative, succinct, and highly practical. It is accompanied by over 100 illustrations and tables making the text a convenient reference to the busy practitioner. The handbook is also a natural companion to the recently published, Anesthetic and Obstetric Management of High-Risk Pregnancy, by the same author. Regional Analgesia in Obstetrics provides an account of the developments in the provision of regional analgesia and anaesthesia in obstetrics over the last decade. The book covers the attitudes to obstetric analgesia in different countries; the indications for regional analgesia in labour; the effects of regional analgesia on outcome; and operative delivery. Well-illustrated, "hands-on" presentation designed for residents and practitioners. Separate sections cover: preoperative concerns; practical physiology/pharmacology; establishing and maintaining anesthetic techniques; management; cesarean section anesthesia; complicated obstetrics; maternal disease; non-obstetric surgery; post-operative pain relief; resuscitation/critical care; and medical/legal considerations. "Ten Practical Points", listed at the end of each chapter, provide fast access to the most important information. Limited discussions of the basic science underlying practice helps readers find the clinical guidance they need quickly and easily. More than 70 illustrations illuminate essential knowledge, decisions, and techniques. Chapters on policies and procedures, diabetes, non-obstetric surgery, post-operative pain relief--and more--are included. This book presents general measures and offers a comprehensive overview of anesthetic considerations for specific serious medical problems in pregnant patients, with a focus on the anesthetic management of non-obstetric disorders during pregnancy and pregnancy-induced diseases. Although many books on this topic are available, this unique volume addresses specific disorders that may be encountered in daily

obstetric anesthesia practice and discusses in detail serious medical problems during pregnancy. As such it is a valuable tool, providing targeted information particularly on the anesthetic considerations and management of not only non-obstetric diseases during pregnancy but also pregnancy-induced diseases. In the United States, over half of pregnant women receive some form of anesthesia for their deliveries; this translates into well over 2 million anesthetics per year. With this new handbook, anesthesiologists have easy access to step-by-step, to-the-point information on how to manage patients in specific situations. Every aspect of obstetric anesthesia practice is covered, including patient evaluation, anesthesia for labor and delivery, anesthesia for cesarean delivery, management of patients with concurrent medical problems, management of obstetric emergencies, fetal assessment, and neonatal resuscitation. Distilled, synthesized text is complemented by a generous number of tables, charts, figures and flow diagrams, all presented in accessible handbook format. Obstetric Anesthesia is an ideal introduction to the specialty as well as an essential daily guide for obstetric patient care and management. As the practice of obstetric anesthesia becomes increasingly recognized as a major subspecialty of anesthesia, there is a growing interest from current practitioners to evolve their neuraxial, regional, and general anesthesia techniques and understanding of the latest evidence. Obstetric Anesthesia Practice is a timely update in the field, providing a concise, evidence-based, and richly illustrated book for students, trainees, and practicing clinicians. Comprehensive in scope, this book addresses the essential topics necessary for the practitioner to quickly assess the patient and risk stratify them, decide on the type of analgesic and anesthetic plan most appropriate as well as its feasibility and safety, provide expert consultation to the other members of the obstetric team, manage anesthesia care and complications, and arrange for advanced care if needed. This concise, easy to follow review of obstetric anesthesia follows the outline set forth by the American Board of Anesthesiology (ABA), making it an invaluable resource for in-service exam and board exams. The book is divided into four sections, beginning with maternal physiology, followed by maternal-fetal considerations, then pathophysiology of complicated pregnancy,

and finally problems of term and delivery. Written at the fellow-level, it provides anesthesiology residents, obstetric anesthesiology fellows, and any anesthesiologist providing care to obstetric patients testable information for the boards, as well as practical tips for clinical practice. This extensively-illustrated new text provides an accessible introduction to obstetric anaesthesia and analgesia. Organised in three sections, part one covers the normal pregnancy and explains the basics of maternal physiology and pain pathways. This section also reviews evaluation of the foetus, procedures for caesarean sections and post-operative analgesia. Part two describes the action and clinical application of all the major classes of pharmacologic agents. Part three reviews common clinical scenarios such as pre-eclampsia, obesity, multiple gestation, and co-existing disease, as well as anaesthetic complications such as the compromised foetus, and neonatal resuscitation. This book is in the Clinical References series. A portable, user-friendly distillation of Dr. Norris' best-selling text, *Obstetric Anesthesia, Second Edition*, this handbook provides practical guidance on all aspects of obstetric anesthesia. Lists, tables, and illustrations are used extensively to highlight key clinical points. Now in a fully updated Fifth Edition, Shnider and Levinson's *Anesthesia for Obstetrics*, continues to provide the comprehensive coverage that has made it the leading reference in the field. The rising number of Cesarean births and the more advanced age of first-time mothers in the United States have brought with them an increased risk for complications, making the role of the obstetric anesthesiologist increasingly important. This comprehensive reference addresses maternal and fetal physiology; fetal assessment; anesthesia and analgesia in both vaginal and Cesarean delivery; neonatal well-being; management of fetal, maternal, and anesthetic complications; and management of coexisting disorders in the mother. The Fifth Edition includes a new editorial team, a new full-color format, and new sections on Assessment of the Fetus, Anesthesia for Cesarean Delivery; Neonatal Well-Being: Old and New Concepts; Ethical, Medical, and Social Challenges and Issues; Maternal Safety, Difficult and Failed Intubation, Morbidity, and Mortality; and Anesthetic Considerations for Reproductive, In-Utero, and Non-Obstetric Procedures A concise volume which debates the current



clinical management controversies encountered by obstetric anesthesiologists in daily practice. It has been enormously satisfying to prepare the third edition of *Anesthetic and Obstetric Management of High-Risk Pregnancy* because it fulfills the need for close communication between two specialties, anesthesiology and obstetrics. This relationship is necessary not only to take care of the sick parturient, but also to deliver a healthy baby. New developments in obstetrics and in obstetric anesthesia necessitated this third edition. Most of the contributors to this edition are new, and they have provided information on the latest approaches, as well as updated information. In addition, Chapter 13, "Critical Care Anesthesia for High-Risk Parturients," is completely new. Like earlier editions, the third edition includes contributions from an international team of experts in the field of obstetric anesthesia and obstetrics. I thank all the authors for their valuable contributions. The authors have expressed their own opinions and recommendations, which do not necessarily reflect my own views. I also wish to thank Ms. Elizabeth Kiernan for her endless help in completing the new edition. I sincerely hope this edition will further reinforce the concept of the team approach for taking care of the high-risk parturient. This single-source, ready reference outlines the anesthetic management of pregnant women with pre-existing medical or surgical conditions. It thoroughly reviews how pregnancy affects medical conditions, how disorders impact the course and outcome of pregnancy, and how to best manage anesthesia when treating this diverse patient population. A well-organized structure makes it easy for readers to look up uncommon conditions in an urgent or emergency situation. Written by a highly regarded expert in the field of obstetric anesthesia

Handy point of care  
Up-to-date information on the subject  
Good board review tool

This textbook provides an up-to-date summary of the scientific basis, assessment for and provision of anaesthesia throughout pregnancy and labour. It is divided into nine sections including physiology, assessment, complications and systemic disease. Comprehensive, user-friendly, and up to date, Chestnut's *Obstetric Anesthesia: Principles and Practice*, 6th Edition, provides the authoritative clinical information you need to provide optimal care to your patients. This substantially revised edition keeps you

current on everything from basic science to anesthesia techniques to complications, including coverage of new research that is paving the way for improved patient outcomes. An expert editorial team ensures that this edition remains a must-have resource for obstetric anesthesiologists and obstetricians, nurse anesthetists and anesthesiology assistants, and anesthesiology and obstetric residents and students. Presents the latest information on anesthesia techniques for labor and delivery and medical disorders that occur during pregnancy, emphasizing the treatment of the fetus and the mother as separate patients with distinct needs. Contains new chapters on shared decision-making in obstetric anesthesia and chronic pain during and after pregnancy. Features extensive revisions from cover to cover, including consolidated information on maternal infection and postoperative analgesia. Covers key topics such as neonatal assessment and resuscitation, pharmacology during pregnancy and lactation, use of nitrous oxide for labor analgesia, programmed intermittent epidural bolus (PIEB) technique, epidural analgesia-associated fever, the role of gastric ultrasonography to assess the risk of aspiration, sugammadex in obstetric anesthesia, the role of video laryngoscopy and new supraglottic airway devices, spinal dysraphism, and cardiac arrest in obstetric patients. Incorporates the latest guidelines on congenital heart disease and the management of sepsis, as well as difficult airway guidelines that are specific to obstetric anesthesia practice. Offers abundant figures, tables, and boxes that illustrate the step-by-step management of a full range of clinical scenarios. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices. This portable guide to obstetric anaesthesia practice includes many drug lists, flow charts and tables for quick reference. Designed for anaesthetists who do not usually encounter obstetric patients, the book includes chapters on complicated births, premature births, and obstetric emergencies. In this volume specialists review issues related to obstetric anaesthesia. It includes discussion of: the preoperative evaluation of the mother and foetus; management during surgery, labour and caesarean delivery; postanaesthetic care; and legal, ethical and quality-of-care issues inherent in managing an obstetric anaesthesia service. There

are detailed chapters on HIV and AIDS, pre-eclampsia, diabetes, cardiac disease, and more, designed to help readers to overcome particularly challenging conditions and provide optimal care to the patient. This practical guide offers a physiologic and pharmacologic approach to pain relief for the obstetric patient. The sections on high-risk pregnancy and special problems have been expanded in this edition. This issue of *Anesthesiology Clinics* covers the latest updates in obstetric and gynecologic anesthesia written by the world-leading experts on the topic. Procedurally-focused articles cover best practices in chronic pain management, the role of magnesium in labor and delivery, advanced airway procedures, epidural analgesia, amniotic fluid embolism and more. Achieve the best outcomes and keep current on this area of anesthesia practice. As American women make decisions about anesthesia today, *Deliver Me from Pain* offers them insight into how women made this choice in the past and why each generation of mothers has made dramatically different decisions. This book provides easy to follow guidance on how to manage emergency situations and common problems in obstetric anesthesia. The book provides different anesthetic recipes for obstetric procedures and describes challenges that will be encountered on a day-to-day basis. There are trouble-shooting chapters and 'what to do lists' for frequent dilemmas. The book covers obstetric-specific resuscitation and medical emergencies seen on the labor ward. Antenatal and postpartum complications relating to anesthesia are covered as well as issues that may arise during follow up of patients who have had neuraxial anesthesia during delivery. *Quick Hits in Obstetric Anesthesia* should be used as a cognitive aid for emergency cases and as a decision-making tool for urgent management plans. It is a guide to common problems and provides core knowledge to facilitate anesthesia care on labor wards for all grades of anesthetist. This book represents a unique and substantial guide, and will bring anesthesiologists up-to-date on advances in the neuraxial technique and its applications in obstetrics. Today the epidural block is almost exclusively of interest to obstetric anesthesiologists, and how it is taught increasingly coincides with its applications in obstetrics. Since the classical, seminal textbooks by Bonica, Moore and Bromage, published in the 1950s and 60s, textbooks

devoted solely to the epidural technique have become quite rare. Among more recent books, there are many excellent texts on epidural anesthesia or analgesia in obstetrics, but none are fully dedicated to the epidural technique, which is usually described in a few paragraphs or, at most, in a chapter. This highly detailed book, including videoclip on epidural technique, offers comprehensive coverage on epidurals; as such, it will appeal to all anesthesiologists, especially obstetric anesthesiologists. A concise, case-based and practical text discussing the complex anesthesia and pain relief needs of pregnant patients. With 32 engaging and dramatic cases and 174 colorful, insightful and innovative graphics, this book takes a fresh, creative and highly visual approach to the fundamentals of obstetric anesthesia as well as emerging knowledge and three emerging technologies: 1) pre-procedural ultrasound to facilitate neuraxial block placement, 2) point-of-care transthoracic echocardiography to guide maternal resuscitation, and 3) electrical cardiometry to trend maternal cardiac output and avoid fetal hypoxia. Besides discussing the threats to fetal oxygenation presented by labor and the avoidance of maternal and fetal complications while providing excellent anesthesia, the book also explores the psychological and behavioral dimensions of obstetric anesthesia practice and promotes the obstetric anesthesiologist as a valued member of the obstetric care team who makes unique, insightful and empathic contributions to the overall excellent care of pregnant patients. *Obstetric Anesthesia: A Case-Based and Visual Approach* is an indispensable resource for medical students, residents, fellows, anesthesiologists, nurse anesthetists, nurse midwives, and obstetricians. Drs. Robert Gaiser and Oni Onuoha have assembled an expert team of authors on the topic of "Obstetric Anesthesia". Article topics include: Epidural Analgesia for Labor: Continuous Infusion vs Programmed Intermittent Bolus; Prophylaxis and Management of Obstetric Hemorrhage; The Use of Ultrasound in Obstetric Anesthesia; Huddles and Debriefings: Improving Communication on Labor and Delivery; General Anesthesia during the Third Trimester: Any Link to Neurocognitive Outcomes; Obstetric and Anesthetic Approaches to External Cephalic Version; Update in the Management of Patients with Pre-Eclampsia; Optimal Pain Management After Cesarean Delivery; Should Nitrous Oxide be Used for

the Laboring Patient?; Tilts and Full Stomach: Changes in Anesthesia for Cesarean Delivery; and Post-Dural Puncture Headache: An Evidence Based Approach. Understand the anesthetic management challenges of the obstetric patient with this complete primer and review *Obstetric Anesthesia* is a clear, concise, and practical manual covering the basics of obstetric anesthesiology and the principles of basic management at the point of care. This essential introductory text covers the fundamental topics in an efficient and highly clinical manner. Numerous tables, bulleted lists, and text boxes highlight key issues such as common co-existing diseases and conditions that may affect anesthetic management. *Obstetric Anesthesia* features thirty chapters grouped into six logical sections: Pregnancy Providing Anesthesia Anesthetic Complications Obstetric Complications Common Co-Morbidities During Pregnancy Trauma During Pregnancy Enriched by contributions from practicing obstetrical anesthesiologists and renowned instructors, *Obstetric Anesthesia* includes the most up-to-date practice guidelines. It is a valuable clinical refresher and an outstanding board review. Encompasses the entire current state of knowledge about obstetric anesthesia. Edited by a leading authority in the field, it covers everything from basic science through the various anesthesia techniques for labor and delivery to the full range of anesthetic and obstetric complications, as well as medical disorders during pregnancy. The updated fourth edition of this comprehensive, highly respected reference covers all you need to know about obstetric anesthesia-from basic science to various anesthesia techniques to complications. The editorial team of leading authorities in the field now features Drs. Linda S. Polley, Lawrence C. Tsen, and Cynthia A. Wong and presents the latest on anesthesia techniques for labor and delivery and medical disorders that occur during pregnancy. This edition features two new chapters and rewritten versions of key chapters such as Epidural and Spinal Analgesia and Anesthesia. Emphasizes the treatment of the fetus and the mother as separate patients with distinct needs to ensure the application of modern principles of care. Delivers contributions from many leaders in the fields of obstetric anesthesia and maternal-fetal medicine from all over the world. Offers abundant figures, tables, and boxes that illustrate the step-by-step management of a full range of

clinical scenarios. Presents key point summaries in each chapter for quick, convenient reference. Features new chapters on Patient Safety and Maternal Mortality to address the latest developments in the field and keep you current. Presents completely rewritten chapters on Epidural and Spinal Analgesia and Anesthesia, Anesthesia for Cesarean Section, and Hypertension Disorders, updated by new members of the editorial team—Drs. Linda S. Polley, Lawrence C. Tsen, and Cynthia A. Wong, for state-of-the-art coverage of key topics and new insights. Covers all the latest guidelines and protocols for safe and effective practice so you can offer your patients the very best. From basic science to various anesthesia techniques to complications, the meticulously updated, fifth edition of Chestnut's *Obstetric Anesthesia: Principles and Practice*, covers all you need to know about obstetric anesthesia. An editorial team of leading authorities presents the latest on anesthesia techniques for labor and delivery and medical disorders that occur during pregnancy. New chapters and rewritten versions of key chapters cover topics such as psychiatric disorders in the pregnant patient, neurologic disorders, and critical care of obstetric patients. It is an invaluable, comprehensive reference textbook for specialists in obstetric anesthesiology and obstetricians, as well as anesthesiology and obstetric residents. This book also serves as a clear, user-friendly guide for both anesthesiologists and obstetricians who are in clinical practice. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Get all the accuracy, expertise, and dependability you could ask for from the most important names in the fields of obstetric anesthesia and maternal-fetal medicine. Master the current best practices you need to know for treating the fetus and the mother as separate patients—each with distinct needs. Search and retain difficult concepts easily with the help of key point summaries in each chapter. Stay current on the latest advancements and developments with sweeping updates and new chapters on topics such as patient safety and team approach, transthoracic echocardiography and noninvasive measurement of cardiac output in obstetric patients, psychiatric disorders during pregnancy, neurologic injuries, and more. Prevent and plan for potential complications associated with the advancing age of pregnant women. An extensive,

state-of-the art discussion of "critical care of obstetric patients" equips you to address any special considerations for this increasing segment. Know exactly how to proceed. An abundance of tables and boxes illustrate the step-by-step management of a full range of clinical scenarios. Choose the best drugs available while adhering to the most recent guidelines for obstetric anesthesia. Comprehensive, user-friendly, and up to date, Chestnut's *Obstetric Anesthesia: Principles and Practice*, 6th Edition, provides the authoritative clinical information you need to provide optimal care to your patients. This substantially revised edition keeps you current on everything from basic science to anesthesia techniques to complications, including coverage of new research that is paving the way for improved patient outcomes. An expert editorial team ensures that this edition remains a must-have resource for obstetric anesthesiologists and obstetricians, nurse anesthetists and anesthesiology assistants, and anesthesiology and obstetric residents and students. Presents the latest information on anesthesia techniques for labor and delivery and medical disorders that occur during pregnancy, emphasizing the treatment of the fetus and the mother as separate patients with distinct needs. Contains new chapters on shared decision-making in obstetric anesthesia and chronic pain during and after pregnancy. Features extensive revisions from cover to cover, including consolidated information on maternal infection and postoperative analgesia. Covers key topics such as neonatal assessment and resuscitation, pharmacology during pregnancy and lactation, use of nitrous oxide for labor analgesia, programmed intermittent epidural bolus (PIEB) technique, epidural analgesia-associated fever, the role of gastric ultrasonography to assess the risk of aspiration, sugammadex in obstetric anesthesia, the role of video laryngoscopy and new supraglottic airway devices, spinal dysraphism, and cardiac arrest in obstetric patients. Incorporates the latest guidelines on congenital heart disease and the management of sepsis, as well as difficult airway guidelines that are specific to obstetric anesthesia practice. Offers abundant figures, tables, and boxes that illustrate the step-by-step management of a full range of clinical scenarios.

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