

it can also be liberating. It can be fraught with worry and decisions you're unprepared initially to make, but it can also be a time to reevaluate, reestablish, and reinvent. It can be financially and emotionally unstable at times, but it can be the start of a new chapter, or the discovery of someone you didn't know you were, or could become, after the grief of a loss so difficult. Long-time friends and authors Barbara Ballinger and Margaret Crane have a lot in common. Both lived in the same city for years. Both are writers. Both married their husbands right out of college. Both are mothers of grown children who have left home. And both had aging parents when these difficult journeys began. Both found themselves alone, husbands lost to divorce and death, two separate situations that were equally traumatic—for Barbara, a divorce that took four years to end, and for Margaret, a five-year, gut-wrenching siege of myriad cancers that ended in death. Barbara and Margaret struggled but discovered not only that their new lives were, indeed, worth living, but that the insight gleaned from their experiences could help other people in similar straits. The result is *Suddenly Single After 50*, an honest and riveting, yet funny and poignant guide that provides advice for those who find themselves divorced, widowed, or otherwise suddenly single just about the time they start getting those AARP cards in the mail and while many of their friends are gleefully discussing retirement plans and toasting milestone wedding anniversaries. *Suddenly Single After 50* is told with authenticity, wit, and compassion. They discuss living alone, attending social events alone, eating by themselves, sleeping alone, walking and traveling alone, then how they also came to feel they were not alone, not really, with loyal friends and family. They share how their once right-sized houses suddenly felt empty, too big, and too full of stuff that no longer made sense. They write about all the legal and accounting woes that befell them. And they tell readers what it's like to be over 50 and dating again—after decades out of that scene, which had changed in unfathomable yet often hilarious ways. *Suddenly Single After 50* addresses what life is really like when it's suddenly shaped as single. It helps readers understand the grief, frustration, and sadness alongside reawakening into the world. Anyone who finds themselves suddenly single in middle age and beyond—or knows someone who is—will find in these pages both advice and reflection, support, and a way forward.

Be the Miracle Feb 28 2023 Want to live your dreams—or even surpass them? Want the world to change for the better? Want to see a miracle? What are we waiting for? Why not be the miracle? That's the challenge Regina Brett sets forth in *BE THE MIRACLE*. To be a miracle doesn't necessarily mean tackling problems across the globe. It means making a difference, believing change is possible, even in your own living room, cubicle, neighborhood, or family. Through a collection of inspirational essays, Regina shares lessons that will help people make a difference in the world around them. The lessons come from Regina's life experience and from the lives of others, especially those she has met in her 24 years as a journalist. Each chapter is a lesson that can stand alone, but together they form a handbook for seeing the miracle of change everywhere. With upbeat lessons from "Do Your Best and Forget the Rest" to "Sometimes It's Enough to Make One Person Happy," these lessons will help you accept and embrace yourself, challenge and change yourself, and better serve others.

God Is Always Hiring Aug 10 2021 Beloved columnist and bestselling author Regina Brett offers her special brand of uplifting, yet practical advice to help readers find fulfillment in their work . . . and to deal with unexpected challenges. In this paperback edition of the inspirational classic, Brett focuses on how we relate to our work, or lack of work, and the seeking of something deeper and more meaningful in our career and life. With essays like "Every job is as magical as you make it" and "Only you can determine your worth," this book relates tales of discouragement turning into hope, and persistence paying big dividends. People with challenges in their jobs or job search will find uplift and advice.

50 Ways to Draw Your Beautiful, Ordinary Life Sep 30 2020 Draw the Flow Way "Create whatever causes a revolution in your heart." —Elizabeth Gilbert "I cannot rest, I must draw, however poor the result, and when I have a bad time come over me it is a stronger desire than ever." —Beatrix Potter "Drawing, painting, creating...it's like a muscle. You have to work on it every day." —Sarah Walsh "Draw the art you want to see, start the business you want to run, play the music you want to hear, write the books you want to read, build the products you want to use—do the work you want to see done." —Austin Kleon "Drawing is the discipline by which I constantly rediscover the world. I have learned that what I have not drawn, I have never really seen, and that when I start drawing an ordinary thing, I realize how extraordinary it is, sheer miracle." —Frederick Frank "Have no fear of perfection, you'll never reach it." —Salvador Dalí "Creativity is a way of living life, no matter what our vocation or how we earn our living." —Madeline L'Engle "I believe the most important single thing, beyond discipline and creativity, in any artistic work, is daring to dare." —Maya Angelou "I sometimes think that there is nothing so delightful as drawing." —Vincent van Gogh In this innovative approach to drawing instruction, the illustrators from *Flow* magazine open up their tool kits, sharing secrets and techniques to teach the creatively curious how to draw. The lessons, 50 in all, curated from the best of *Flow*'s two special drawing issues, show how to render the kinds of things we see every day: a bouquet of flowers, a beloved teacup, colorful mittens, the kitchen table, a bike, jam jars, a cat, an apple tree. Along the way we learn about color, materials, perspective, tools, and negative space. With its bound-in paper goodies, this book is also a canvas for artistic exploration—reminding us of the mindful pleasure of doing creative work. Filled With Paper Goodies: Mini daily drawing pad DIY postcards Watercolor, tracing, and colored papers House interiors to unfold and decorate

Tree Tech Feb 22 2020 As something becomes more complex, it becomes able to perform more functions with fewer dedicated components. Following from this attribute of complexity, a tree is seen as carrying the least number of dedicated organs compared to its innumerable functions. Tree is a trim tab. The book presents 50 lessons for the entire humanity that are inspired by the invisible technology of the trees. The invisible technologies- deemed essential for the performance of the trees- are illustrated in a visual language familiar to the readers.

50 Essential Chess Lessons Feb 04 2021 Analyzes the moves of fifty chess matches and examines what can be learned from each game, discussing attacking the king, defense, piece power, pawn structure, and endgame themes.

50 Lessons to Jumpstart Your Self Development Apr 30 2023 Footsteps to Leave your Footprint on Earth: 50 Lessons To Jumpstart Your Self Development is designed to help you live a happier and healthier life. As you read this book, you'll learn valuable lessons to become the person you are meant to be. Now is the time to overcome any obstacle in your way. In this life-changing read, you will learn the power of becoming your greatest asset.

Perpetuating the Family Business Jan 27 2023 John L. Ward is a leading world expert on the family business. In this book he brings together a vast amount of experience to show the, 'best practices' of the most successful and long-lasting families in business. He provides a framework of five insights and four principles in which to position his 50 lessons for family businesses. This is the most comprehensive book on sustaining the family business and contains international examples and cases and essential tools and checklists of best practice.

Collective Wisdom Nov 13 2021 In the much-anticipated follow-up to the bestselling *In the Company of Women*, Grace Bonney turns to older women in a celebration of intergenerational bonds between women, and the role those bonds play in sharing vital knowledge, stories, power, and history through generations.

Drawing and Painting the Landscape Apr 18 2022 Capturing the landscape on paper requires the artist to look - to look deep into the distance and deep into the soul. This practical book celebrates the genre of landscape painting - the wonder of discovering the extraordinary in the everyday scene. Philip Tyler looks in detail at the materials, techniques and approaches needed to paint the landscape, and offers advice on how to portray space, light, atmosphere and different weather conditions. Supported by the words and images of other notable artists, he explains how to transfer one's emotional response to the landscape onto paper or canvas. There are exercises to support the 50 lessons in the book and over 300 colour images illustrate the text.

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