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Lonely Planet Tibet is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Hike around sacred Mt Kailash, join pilgrims at the Jokhang, Tibet's holiest sanctum, or view Mt Everest unobstructed from Rongphu Monastery; all with your trusted travel companion. Afghanistan, Bahrain, Egypt, Iran, Iraq, Israel, Jordan, Kuwait, Lebanon, Oman, Qatar, Saudi Arabia, Syria, Turkey, United Arab Emirates, and Yemen-these are the countries found in Middle East. The second edition contains detailed maps, including a colour regional map, current political coverage, comprehensive historical and cultural background, advice for hassle-free travel, essential information on border crossings, and suggested itineraries, to help travellers make the most of their time in this fascinating part of the world. This is the classic overland route used by the hippies of the 1960s. The guide is jam-packed with dependable first-hand information, detailed maps, transportation options and accommodations listings. This trip is out there. THE ROUGH GUIDE TO NEPAL is the ultimate guide to this beautiful and varied country. Features include- Full-coloursection introducing Nepal's highlights. Unrivalledaccounts of all the sights, from legendary Kathmandu and the peaks around Pokhara, to the jungles and ethnic diversity of the Tarai region. Incisivereviews of the best places to stay, eat, drink and shop, whatever your budget. Detailedchapters on trekking, rafting and mountain-biking. Comprehensivebackground on Nepalese culture, politics and the environment. Maps and plansfor every region. Mohawk hair-cuts in Bali, yuppies in Hong Kong and Rambo rip-offs in the movie houses of Bombay are just a few of the jarring images that Iyer brings back from the Far East. Why Not? After all, no-one had ever done it before. It would be one of the longest of all overland journeys – half way round the world, from the English Channel to Singapore. They knew that several expeditions had already tried it. Some had got as far as the desrts of Persia; a few had even reached the plains of India. But no one had managed to go on from there: over the jungle clad mountains of Assam and across northern Burma to Thailand and Malaya. Over the last 3,000 miles it seemed there were 'just too many rivers and too few roads'. But no-one really knew ... In fact, their problems began much earlier than that. As mere undergraduates, they had no money, no cars, nothing. But with a cool audacity, which was to become characteristic, they set to work – wheedling and cajoling. First, they coaxed the BBC to come up with some film for a possible TV series. They then gently persuaded the manufacturers to lend them two factory-fresh Land Rovers. A publisher was even sweet-talked into giving them an advance on a book. By the time they were ready to go, their sponsors (more than 80 of them) ranged from whiskey distillers to the makers of collapsible buckets. In late 1955, they set off. Seven months and 12,000 miles later, two very weary Land Rovers, escorted by police outriders, rolled into Singapore – to flash bulbs and champagne. Now, fifty years on, their book, 'First Overland', is republished – with a foreword by Sir David Attenborough. After all, it was he who gave them that film. In 1976, four friends - Dan, Fred, Tim and Thierry - are on a bus along the hippie trail from London to Kathmandu. But everything is not going according to plan. After a drug deal goes wrong, the boys barely escape with their lives. Thousands of kilometers, numerous acid trips, accidents, nightclubs and a pair of beautiful Siamese twins later, they finally reach the counter-culture capital of the world, Kathmandu, and Fred disappears with the drug money. A quarter-century later, mysterious emails invite the other three to pick up their share of the money, and they decide to reunite in Kathmandu. Soon, a trail of kidnapping and murder leads them across the Roof of the World. With the help of Dan's backpacking son, a tattooed lady and a Buddhist angel, the ageing hippies try to solve a 25-year old mystery that takes them amongst Himalayan peaks, and towards the inevitable showdown with their past. The Rough Guide to Travel Online shows you how to make the Web work for you as you plan, book and enjoy your next trip - anywhere in the world. In plain English it explains how to use the web to research a destination or interest, find cheap tickets for flights, buy you holiday online with complete security, choose a hotel, find out about visa and vaccinations and even how to stay in touch when you're out on the road. Drawing on Rough Guides" unrivalled expertise in travel, this book will help you find the perfect short break or the holiday of a lifetime - whatever your budget. A humorous travel book encompassing the hippy trail of the Sixties and written by the author of NO SHITTING IN THE TOILET. It was a new age, one called the Age of Aquarius, with a restless, ideological generation full of a reverence for new worlds opening up to new ideas. When the Beatles introduced the mystique of India to pop culture, the Hippie Trail was established as hip adventurers traveled overland from Europe to Kathmandu and India. Hunter was not among these hipsters. Still bitter over the way he was treated as a Marine combat veteran home from the Vietnam War, he felt the allure of the open road in America and in Europe. While getting visas in Vienna, he came across a Polish girl, Ewa, whose Politburo father got her unequal privileges she gladly abused to join Hunter on the trek to India to check out the new-age ashrams. Shared experiences and hardships bonded them, but Cold War politics made falling in love the worst hardship of all. Planning a trip around the world? The Rough Guide to First-Time Around the World is loaded with the very latest travel information, from visas and insurance to vaccinations and round-the-world tickets. This guidebook will help you design the best possible trip, with tips on using your phone abroad and guidance on which websites, apps, and travel agencies to use to get the best deals

and advice. You'll find insightful information on what to pack and which festivals not to miss, how to stay safe and - perhaps most important - how to get under the skin of a place and meet the locals in a natural way. In addition to an inspirational, full-color "Things Not to Miss" section, The Rough Guide to First-Time Around the World includes regional profiles and maps to help you plan your route and plenty of practical advice to help you save money. This guide has everything you need to make your trip as enriching and memorable as it should be. Make the most of your time with The Rough Guide to First-Time Around the World. Series Overview: For more than thirty years, adventurous travelers have turned to Rough Guides for up-to-date and intuitive information from expert authors. With opinionated and lively writing, honest reviews, and a strong cultural background, Rough Guides travel books bring more than 200 destinations to life. Visit RoughGuides.com to learn more. A guide to India which extends to a choice of trips off the beaten track as well as describing all the major attractions of the subcontinent. There has been a phenomenal growth of backpacker tourism from the overland routes to India in the 1960s, to present-day backpacker tourism across the less developed world. As a result there has been significant economic development impacts of backpacker tourism upon local communities especially in areas with the largest concentrations of backpackers (South and South-East Asia particularly Thailand, Indonesia, Malaysia and India), as well as increasingly in Latin America. This volume provides a focused review of the economic development impacts of backpacker tourism in developing regions furthering knowledge on how backpacker tourism can play a crucial role in development strategies in these areas. First, it reviews the origins of the backpackers with a detailed examination of their "hippy" predecessors on the overland trail, before discussing the emergence of modern backpackers including social and cultural aspects, and how new technologies are changing their experience. It then analyses the powerful economic development impacts of backpackers on local host communities in cities and rural areas with a special focus on coastal destinations. Extensive case study material is used from backpacker destinations across Asia, Latin America and Africa. In doing so the book provides original insights into how backpacker tourism is highly significant for poverty alleviation and effective local development since it has strong linkages to the local economy, and less economic leakage than conventional tourism. Written by a leading academic in this area, this volume will be of interest to students of Tourism and Development Studies. 850 images. 230 countries. One complete picture. This third edition of Lonely Planet's bestselling reference guide features every country in the world and is now available in paperback- and will continue to delight, inspire and inform travellers of all ages. The famous hippie trail--forty years later! Longtemps marginalisée, sinon négligée, l'histoire des relations culturelles internationales a désormais droit de cité. En quelques années, la bibliographie s'est considérablement étoffée et les initiatives scientifiques se sont multipliées, en France comme à l'étranger. Ce livre, au croisement des disciplines historiques - histoire culturelle, histoire des relations internationales - synthétise à la fois les réflexions antérieures et les travaux les plus récents. Son objectif est de clarifier les concepts et de proposer des méthodes d'analyse. Des notions en apparence aussi élémentaires que celles de « relations », d'« échanges » ou de « transferts » culturels méritent une définition rigoureuse. Elles sont ici mises en perspective historique dans un ensemble d'études qui montre les divers degrés de la relation, depuis la plus institutionnelle et la plus volontariste (la diplomatie culturelle) jusqu'aux multiples formes de l'acculturation. Dans le présent ouvrage, l'étude historique de la relation culturelle passe par une analyse systématique de ses facteurs, de ses acteurs et, bien entendu, de son sens et de ses effets, ce qui suppose une lecture des phénomènes d'hégémonie, des mécanismes d'appropriation et des contenus, qu'ils soient esthétiques ou éthiques. Chacun des processus évoqués est considéré sous l'angle des dynamiques spatiales et temporelles, et propose une périodisation et des grilles d'interprétation. The Rough Guide to Nepal is the ultimate travel guide with clear maps and detailed coverage of all the best attractions Nepal has to offer. Discover the vibrant regions of Nepal from the easternmost tea hills of Ilam to the wildlife-rich jungle of the far west, and from the high Himalayas to the Kathmandu Valley. Fully updated and reshaped after the country's recent change in government, The Rough Guide to Nepal contains in-depth accounts of all Nepal's highlights from Hindu temples and Buddhist stupas to wildlife reserves and spectacular mountain viewpoints in Nepal. Colour sections explore Nepal's ethnic hill peoples and dramatic mountain trails whilst expert accounts offer an introduction to the history, culture and natural life of this exciting and resurgent country. Find detailed practical advice on what to see and do in Nepal whilst relying on up-to-date descriptions of the best hotels in Nepal, bars in Nepal and restaurants in Nepal for every budget. This Rough Guide to Nepal includes an extensive section on trekking with practical advice and maps on the best places to trek, raft and mountain bike. Make the most of your holiday with The Rough Guide to Nepal The Rough Guide First-Time Asia tells you everything you need to know before you go to Asia, from visas and vaccinations to budgets and packing. It will help you plan the best possible trip, with advice on when to go and what not to miss, and how to avoid trouble on the road. You'll find insightful information on what tickets to buy, where to stay, what to eat, how to stay healthy and save money in Asia. The Rough Guide First-Time Asia includes insightful overviews of 21 Asian countries from Bhutan to Vietnam, Bangladesh to Thailand, highlighting the best places to visit with websites, clear maps, suggested reading and budget information. Be inspired by the 'things not to miss' section whilst useful contact details will help you plan your route. All kinds of advice and anecdotes from travellers who've been there and done it will make travelling stress-free. The Rough Guide First-Time Asia has everything you need to get your journey underway. This is the first history of the Hippie Trail. It records the joys and pains of budget travel to Kathmandu, India, Afghanistan and other 'points east' in the 1960s and 1970s. Written in a clear, simple style, it provides detailed analysis of the motivations and the experiences of hundreds of thousands of hippies who travelled eastwards. The book is structured around four key debates: were the travellers simply motivated by a search for drugs? Did they encounter love or sexual freedom on the road? Were they basically just tourists? Did they resemble pilgrims? It also considers how the travellers have been represented in films, novels and autobiographical accounts, and will appeal to those interested in the Trail or the 1960s counterculture, as well as students taking courses relating to the 1960s. This unique guide explores independent travel across Tibet with detailed information on thousands of miles of overland routes across the world's highest and largest plateau, including information on how to get there, where to stay, and what to see. Travelers will appreciate the km by km breakdown of the classic routes from Lhasa to Katmandu and the Mt. Everest Base Camp. Photos and color maps. A book to read when considering a first visit to Asia, covering more than twenty first-time destinations, each profile covering the country's main highlights as well as its more unusual attractions. Suggested itineraries, online resources, embassy and tourist information are included together with the practicalities of life on the road. The final chapter, Basics, covers contact addresses and websites for everything from backpack suppliers to travel health clinics. The definitive guide for adventurers crossing the continent since its first edition in 1991. Discover this fascinating country with the most incisive and entertaining guidebook on the market. Whether you plan to

wander through Krakow's magnificent medieval Old Town, hike in the Tatra Mountains or relax on the Baltic coast, The Rough Guide to Poland will show you the ideal places to sleep, eat, drink, shop and visit along the way. - Independent, trusted reviews written with Rough Guides' trademark blend of humour, honesty and insight, to help you get the most out of your visit, with options to suit every budget. - Full-colour maps throughout - navigate the cobbled alleys of Lublin or Warsaw's New Town without needing to get online. - Stunning images - a rich collection of inspiring colour photography. - Things not to miss - Rough Guides' rundown of Poland's best sights and experiences. - Itineraries - carefully planned routes to help you organize your trip. - Detailed regional coverage - whether off the beaten track or in more mainstream tourist destinations, this travel guide has in-depth practical advice for every step of the way. - Areas covered include: Warsaw, Mazovia and Łódź, the Bay of Gdansk and the Wisla Delta, Torun, Mazuria and Podlasie, Lublin, Zamosc, the Polish Carpathians, Kraków and Malopolska, the Tatras and the Pieniny, Upper Silesia, Wroclaw and Lower Silesia, Wielkopolska, Pomerania. - Attractions include: the Mazurian Lakes; wooden churches near Zakopane; Auschwitz-Birkenau; Malbork Castle; Kazimierz Dolny; Slowinski national park; Wieliczka Salt Mine; Bialowieza national park; Bieszczady national park; Rynek Główny, Kraków, and much more. - Basics - essential pre-departure practical information including getting there, local transport, accommodation, food and drink, health, the media, festivals, sports and outdoor activities and more. - Background information - a Contexts chapter devoted to history, books, music and film, plus a handy language section and glossary. Make the Most of Your Time on Earth with The Rough Guide to Poland

The Rough Guide to Nepal offers an insider's guide to Nepal, from its 'Tantric' temples to its lively bars. It details all the finest Himalayan treks, with practical, up-to-date and expert advice on where to go when and what to take. It covers all the National Parks, offering advice and information on everything from tracking wildlife to hiring elephants. Dedicated chapters are devoted to mountain biking, white water rafting and other adventure sports, and there is unrivaled detail on Buddhism, Hinduism and the numerous ethnic groups that make Nepal a unique destination. The Rough Guide to Nepal also contains scores of detailed maps, covering everything from Pokhara and the Chitwan National Park to the Everest Base Camp trek. Originally published in print in 2012. Make the most of your time with The Rough Guide to Nepal. Now available in ePub format.

THE ROUGH GUIDE TO INDIA is the complete handbook to this vast country, with more practical and cultural information than any other guide. Features include: Planning a trip around the world? The Rough Guide to First-Time Around the World is loaded with the very latest travel information, from visas and insurance to vaccinations and round-the-world tickets. This guidebook will help you design the best possible trip, with tips on using your phone abroad and guidance on which websites, apps, and travel agencies to use to get the best deals and advice. You'll find insightful information on what to pack and which festivals not to miss, how to stay safe and -- perhaps most important -- how to get under the skin of a place and meet the locals in a natural way. In addition to an inspirational, full-color "Things Not to Miss" section, The Rough Guide to First-Time Around the World includes regional profiles and maps to help you plan your route and plenty of practical advice to help you save money. This guide has everything you need to make your trip as enriching and memorable as it should be. Make the most of your time with The Rough Guide to First-Time Around the World.

Series Overview: For more than thirty years, adventurous travelers have turned to Rough Guides for up-to-date and intuitive information from expert authors. With opinionated and lively writing, honest reviews, and a strong cultural background, Rough Guides travel books bring more than 200 destinations to life. Visit RoughGuides.com to learn more.

In the late 1960s the author first set off into the big, wide, wonderful world - into a world that is so different today for the first time traveller. The first brief journey was a voyage on the old 'Tofua', the so-called 'banana boat' which then regularly serviced, from Auckland, the South Pacific Islands of Fiji, both Western & American Samoa, Niue & Tonga. This was the first step and a wider world now awaited. By the late 1960s, the Asian Overland was the ultimate adventure. In 1970 Nepal was still a mysterious Himalayan kingdom at the end of the hippy trail. India and Pakistan were tolerating each other, just, in an uneasy peace that would soon be broken. Afghanistan was a happy kingdom at peace with itself and its neighbours, and Iran was under the dictatorial tutelage of the Shah. The journey, with one of the early Overland tour operators was to be a journey of discovery, visiting places that were little known to the contemporary world of the late 1960s. The trip was an enjoyable, educational eye-opener. The general consensus seemed to be 'He must be crazy!' England in those days was the ideal venue for a working holiday, and for a kiwi who had never been near a farm, he soon had employment as a farm labourer! There was also potato-picking in Wales, hop-picking in Kent & grape-picking in France. Other adventures followed - a visit to Leonard Brezhnev's Soviet Union which, at the height of Cold War propaganda, was then thought to be a place to be avoided, after all so the rumours said, you could disappear without trace into the maw of the KGB and maybe end up in Siberia! There were meanderings in France, Spain and Morocco, and throughout the United Kingdom before he eventually made the decision to return home, also on another epic Overland journey, this time through Africa. The author initially travelled by truck to Nairobi before hitch-hiking south to Johannesburg, where after a period of work he caught a ship from Cape Town back to New Zealand. Again there were many amazing experiences in places that are still little visited. There was the vast fascinating expanses of the Sahara with wandering Tuaregs and charming remote oases; Hausa processions in Kano; mysterious cloud-enshrouded rainforests with horrendous roads in the Congo; the occasional glimpse of Pygmies in the Ituri Forest and the fascinating game parks of Tanzania, abounding with animals. After working for a spell for Kentucky Fried Chicken in Johannesburg the author hitch-hiked back to Rhodesia, then under the UDI of Ian Smith. visited Portuguese Mozambique which was then in the throes of a guerrilla war and spent time on this pristine coast before hitch-hiking around coastal South Africa to Cape Town to catch the ship back to New Zealand. This narrative has been compiled from diaries, letters home, personal articles, photographs and memories of the happy days of my first travels. This book serves as a background to the author's second book, which recounts his experiences as a tour leader when returning to the Asian Overland in the more turbulent times of the late 1970s and, later, as a special interest tour leader/guide in India, Turkey and the Middle East in the days before terrorism, international politics and vicious local wars took hold. All the photographs used in this edition were all taken by the author at the time of the events narrated. The photos have helped immensely in recalling many of the events that took place. I like to think that this book is a cameo of the golden days of travel before international politics destroyed, or restricted, many of the places I now feel privileged to have visited in happier days, sentiments which I know are shared by many of my peers. In 1960 a young Englishman decided to invest ten pounds for the opportunity to travel to the other side of the world on a cruise liner, the trip being heavily subsidised by the Australian Government. He was to become one of the many 'Ten pound Tourists' to migrate from Britain to Australia following the Second World War. Within a week of his arrival in Australia he had managed to secure a flat at Bondi Beach, a job in Sydney's business district and had also met

the girl he was to marry two years later. Little could he have foreseen at that time that these events would prove to have such a profound effect not only on their lives but also those of other family members. Shortly after he and his fiancée had married they decided to travel to England to meet his family and enjoy a two year stay before returning to Australia. However, after a few months in England, whilst enjoying a few drinks in a local pub with friends, his younger brother mentioned the idea of an overland trip back to the Land Down Under. The idea of 'Overland on a Shoestring' was born. It took over two years to prepare for the journey, during which time the party of eight purchased two 1942 vintage ex World War II Willys Jeeps and an old Bedford van that cost fifty pounds. Thus, in June, 1964 they set off on a journey which would take them through Scandinavia, Europe and Asia where their adventure would be punctuated by numerous vehicle breakdowns. There were also other surprises including waking up one morning in the desert to behold vultures circling above them and on another occasion, having set up camp one evening, they found that the field that they had chosen was in fact a Turkish artillery range that was to be bombarded minutes later. They eventually arrived in Australia in December, 1964, fit and well in spite of having shed almost a third of their bodyweight. Every member of the party remained in Australia to become Australian citizens. Complemented by easy-to use, reliable maps, helpful recommendations, authoritative background information, and up-to-date coverage of things to see and do, these popular travel guides cover in detail countries, regions, and cities around the world for travelers of every budget, along with extensive itineraries, maps with cross-referencing to the text, "Top 10" and "Top 5" lists, and other practical features. By the early 1980s the classic Overland tours, which had operated on a regular basis since the mid-1960s between London and Kathmandu, were drawing to a close. The Soviet Union had occupied Afghanistan, the Shah had been deposed and an Islamic State proclaimed in Iran. In Iraq Saddam Hussain was about to embark on a devastating war with Iran and the seeds of unrest were even then lying latent in Syria. This was the scenario when the author embarked upon his career as a tour leader/guide on the Overland routes across Asia to Kathmandu. This book is a continuation of the author's previous Kindle book - One Foot in Front of the Other - First Steps, which recounts his experiences travelling the Overland routes in Asia, Europe and in Africa in the halcyon days of the early '70s. After 3 years back in New Zealand followed by a year working for a uranium exploratory drilling company in Wyoming, the author arrived back in London & soon after completed a European training trip with Sundowners. As a rooky tour leader, he was sent to Istanbul with coach & driver to collect clients flying in from Kabul, before setting off for the Middle East. It was a memorable trip and a precursor for further tours on the Overland routes to and from Kathmandu. For the next 3 years, there were the ups and downs of political vagaries to content with, the frustration of border crossings and the sudden introduction of visa requirements. In later years there were money problems and the realisation that the company was struggling financially. There were happy times and sad times, although the happy times always outnumbered the sad. After the collapse of Sundowners, the author moved on to Explore Worldwide where he operated Camel safaris in the Thar Desert of Rajasthan, followed by the leading of special interest tours into Kashmir and up to the former Buddhist mountain kingdom of Ladakh, to the tea plantations of Darjeeling and Sikkim, as well as archaeological tours to Turkey, Jordan and Tunisia. This book documents the highs & lows of tour leading: the funny incidents and the fortunately not-so-frequent sad episodes. There were the frustrations of dealing some passengers and with unmoving bureaucracy on borders, at embassies and elsewhere. It is also an insight into the information a tour leader/guide was expected to impart and thumbnail sketches of the places visited . The photographs used to illustrate these volumes were all taken by the author. THE ROUGH GUIDE TO NEPAL is the definitive handbook to Asia's most breathtaking destination. Features include: In-depth accounts of all the sights, from Hindu temples and Buddhist stupas to wildlife reserves and spectacular mountain viewpoints. Practical tips on trekking, rafting, biking, yoga and meditation. Comprehensive listings of the best places to eat, drink and stay, from Kathmandu's traveller haunts to off-the-beaten-track finds. Authoritative background on Nepalese culture, contemporary politics and development issues. Colour photos and more than 50 maps. A photographic collection of Kathmandu's iconic hand-painted store & street signs This coffee table book is a snapshot in time of a Kathmandu many will recognise if they've walked the city's fabled streets in the past. Hand-painted street signs of all shapes, colours, and wording have long decorated the rustic stores they represent. In recent years they have been vanishing. Replaced by generic plastic signage and gaudy lights. This unique part of Kathmandu's heritage has been overlooked. This book, by the author David Ways, captures the street signs before they vanish forever. With over a decade of experience writing guidebooks about Nepal and creating the world's number one website about traveling to Nepal www.thelongestwayhome.com David has created a wonderful photographic collection of a part of Nepal which is so memorable yet never before documented. Kathmandu is a sensory overload that many find challenging to take notice of in detail when avoiding traffic, bicycles, people, and the odd cow. All that charm and character lives on here in this book which can now adorn your coffee table or bookcase. Browse through the photographs. Raise an eyebrow at some of the sign's misspellings, smile at the quirkiness of many, admire all the artwork, chuckle at a few of the terms. These signs come from a different place in the world. A place that seemed to hold onto time for a little while longer than anywhere else. This book honors the artistry, efforts, and characters of all these signs from the past in Kathmandu. Planning a trip around the world? Let First-Time Around the World get you started. Loaded with the very latest travel information, including all you need to know about round-the-world tickets to teaching and working overseas, this pre-departure guide will help get you make the most out of your ultimate journey. The guide begins with a full-colour 'Things Not to Miss' photo section with suggested itineraries, route maps, details on what to bring, when to go, how much it will cost and which vaccinations will keep you healthy. The individual country profiles highlight the best places to visit with country-specific websites and necessary budget information for your first time world trip. There are plenty of useful tips to help save you money, keep you safe and maximise your time on the road. The guide comes complete with concise regional information, with overland maps and details on weather, major attractions and unmissable festivals.

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