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Your Pocket Is What Cures You What's in Your Pocket? **My Life in My Pocket for High School Students** The Woodworker's Pocket Book Health and Safety Pocket Book **Keep a Little Courage in Your Pocket** *What Did You Put in Your Pocket?* **A Little Pretty Pocket-book** **The Pocket** *The Pocket Book of Positives* **There's a Rainbow in My Pocket** **The Shape of a Pocket** **A Rainbow in My Pocket** **The Little Pocket Book of Happiness** **Pocket Medical Terminology** Pocket Primary Care Poetry Pocket Guide to Sonography - E-Book *The Book of Stones* *I've Got a Rock in My Pocket* **The Pocket Book of Mindfulness** *Pocket Kisses* Pocket Medicine *Pizza in His Pocket* The Pocket Parent **Pocket Book of Hospital Care for Children** **A Pebble for Your Pocket** **The Book of Pockets** **The Diamond in Your Pocket** **The Pocket Hagakure** **Faithful Friends** **Jane's Pocket Book of Missiles** *Pocket Full of Do* **Architect's Pocket Book** A Pocket for Corduroy *The Pocket Mommy* **The Pocket Dictionary of Signing** **365 Pocket Prayers** **Pocket Emergency Medicine** The Expat Life Coach in Your Pocket

John Newbery (1713-1767) was a British publisher of books who first made children's literature a sustainable and profitable part of the literary market. He also supported and published the works of Christopher Smart, Oliver Goldsmith and Samuel Johnson. In honour of his achievements in children's publishing, the Newbery Medal was named after him. By 1740 he had started publishing books in Reading, Berkshire; his first two publications were an edition of Richard Allestree's *The Whole Duty of Man* and *Miscellaneous Works Serious and Humorous in Verse and Prose*. In 1743, Newbery left Reading, putting his stepson John Carnan in charge of his business there, and established a shop in London. The first book he published there was *A Little Pretty Pocket-Book* in 1744. Scholars have speculated that Oliver Goldsmith or Giles and Griffith Jones wrote one of Newbery's best-selling stories, *The History of Little Goody Two-Shoes*. This was Newbery's most popular book, going through 29 editions between 1765 and 1800. Newbery also published a series of books written by "Tom Telescope" that were wildly popular, going through seven editions between 1761 and 1787 alone. This compact resource offers ready access to information on exam preparation, equipment selection, clinical history, lab findings, etiology, and sonographic appearance for a wide variety of disorders. Based on the presenting symptoms, the reader is guided to the proper sections of the pocket guide to find information on disorders likely to cause the symptom. Each disorder section covers the most common causes of the disorder, related abnormal lab values, and sonographic appearance. Following these instructions, the sonographer can provide the physician with everything needed to make an accurate diagnosis, so the patient does not have to be called back for additional scanning. Convenient pocket-size format is easy to carry in lab coat pocket and organized with tabs to facilitate finding information quickly. Carefully chosen information provides just what the sonographer needs to scan competently — allowing the sonographer to gather all information the physician needs to make a diagnosis. All routine exams are presented for ob/gyn, abdominal, and superficial structures, plus some of the less commonly performed exams for which even experienced sonographers may need help. Leads the sonographer from the patient's symptoms to the appropriate scanning protocol, rather than assuming a given diagnosis and providing a scanning protocol to confirm the diagnosis. The Next Step provides more detailed scanning information, alerting the sonographer to other scanning that should be done based on the initial findings. Line drawings show relevant ultrasound images, providing example of anatomy that should be visualized on the scan. Charles Darwin, George Washington Carver, and Jane Goodall were once curious kids with pockets full of treasures! When you find something strange and wonderful, do you put it in your pocket? Meet nine scientists who, as kids, explored the great outdoors and collected "treasures": seedpods, fossils, worms, and more. Observing, sorting, and classifying their finds taught these kids scientific skills--and sometimes led to groundbreaking discoveries. Author Heather Montgomery has all the science flair of a new Bill Nye. Book includes the Heather's tips for responsible collecting. The second edition of the *Health and Safety Pocket Book* has been fully

revised and updated to include all the relevant legal, HSE ACoP/Guidance and practice references. It remains a handy reference tool for practising health and safety professionals, auditors, managers, HR personnel, employee representatives and anyone with health and safety responsibilities. The book is an essential compilation of guidance, data and checklists covering a wide range of health and safety topics, supported by extensive key glossary terms. The A-Z arrangement within the chapters and extensive cross-referencing make it easy to navigate, while its size and scope make it the ideal volume for ready reference and site visits. The book will also be useful for health and safety courses at all levels. Key features include: The principal health and safety legal requirements for every industry Safety management elements and systems Checklists for major hazards affecting all industries A wealth of charts, hard-to-remember details and data A glossary of the main concepts of health and safety A list of important health and safety courses, publications and organisations Revision tips for key examination themes. When we move country we carry a lot of packages (of losses, unsolved problems, hurts, mixed emotions and worries) which can feel like a huge bag full of stones. Carrying them makes us feel tired and powerless. Unpacking those bags starts with understanding the difficulties that we, as expats, face. At the same time it is about asking the right questions and giving ourselves honest answers to them. That is what *The Expat Life Coach in Your Pocket* is going to help you with, so that you can get closer to living the expat life you LOVE. This beautiful book will fit in your purse and in your hand, so you can carry it with you and write into it whenever you feel like. It awaits for you to make it your own personal expat journal. *I've Got a Rock in My Pocket* is about a little boy who discovers that something as small and simple as a rock can tell us so much about our God. This book will take you to several stories throughout the Bible, showing the nature of our God and how He loves us. Whether fashionable or functional-or both-pockets are an important design detail that can enhance the aesthetic of your collection and improve the experience of the wearer. Whether it's for fashion design, construction, patternmaking or costume design, if you're looking to get the full picture on patch pockets, better command of the cargo, or more know-how on welts, this is your go-to resource. *The Book of Pockets* includes: - inspirational imagery, overlaid with flat patterns or zoom-ins of the pocket detail - comprehensive information on all things pocket, beginning with their long history and going all the way from workwear to activewear and couture - practical advice through interviews with fashion designers, curators, and technology developers a *Pocket Flat Sketch Library* appendix for quick reference, and - step-by-step construction tutorials, illustrated with flats throughout, showing you how to create nested pockets with gussets, invisible zipper patch pockets, cascading pockets, and more. With consumers crying out for stylish, functional pockets, *The Book of Pockets* is the ultimate guide to help you successfully incorporate them into your designs. This pocket-sized, medical term "dictionary" organizes entries according to body systems and medical topics, making specific words easy to locate. Quick reference boxes in each section enable users to look up terms according to common names or learn the medical terminology for common words, and page numbers are provided to facilitate cross-referencing. Small, "pocket guide" format is convenient and easy to use in any setting. Numerous features promote easy referencing of information, including page numbers and quick reference boxes. Medical terminology definitions and content is relevant to all areas of health care. In the wake of structural adjustment programs in the 1980s and health reforms in the 1990s, the majority of sub-Saharan African governments spend less than ten dollars per capita on health annually, and many Africans have limited access to basic medical care. Using a community-level approach, anthropologist Ellen E. Foley analyzes the implementation of global health policies and how they become intertwined with existing social and political inequalities in Senegal. *Your Pocket Is What Cures You* examines qualitative shifts in health and healing spurred by these reforms, and analyzes the dilemmas they create for health professionals and patients alike. It also explores how cultural frameworks, particularly those stemming from Islam and Wolof ethnomedicine, are central to understanding how people manage vulnerability to ill health. While

offering a critique of neoliberal health policies, *Your Pocket Is What Cures You* remains grounded in ethnography to highlight the struggles of men and women who are precariously balanced on twin precipices of crumbling health systems and economic decline. Their stories demonstrate what happens when market-based health reforms collide with material, political, and social realities in African societies. Drawn from Thich Nhat Hanh's Dharma talks given to young people, *A Pebble for Your Pocket* presents the basic teachings of the Buddha in accessible and modern language. Combining the stories and mediation practices from the previous edition of *A Pebble for your Pocket* with those collected in *Under the Rose Apple Tree* plus several new stories, this completely revised edition is written in a conversational style, and is comprised of Buddhist parables, and stories from the author's own childhood experiences. They elucidate principles of Buddhism and mindfulness practice, and give the young reader and their parents concrete advice on handling difficult emotions such as anger, from which the title - a pebble for your pocket - is taken. Written in a highly accessible style that doesn't rely on lot of jargon or difficult vocabulary requiring breaks for explanation, Thich Nhat Hanh emphasizes the importance of the present moment through vivid metaphors, original allegories, and colorful stories. Young readers will learn about handling anger, living in the present moment, and "interbeing" — the interconnectedness of all things. Thich Nhat Hanh offers various practices that children can do on their own or with others that will help them to transform anger and unhappiness and reconnect to the wonders of nature and the joy of living in the present moment. This revised edition contains teachings and stories that the whole family can enjoy, as well as practices such as transforming anger in the family, instructions on how to invite the bell, breathing and sitting meditation, touching the Buddha inside, and others. This revised edition of *A Pebble for your Pocket* remains a unique and classic title in a market with few other substantial offerings on this topic. It's teachings on spirituality and awareness are thought provoking on a child's level. This significantly expanded version includes all stories and practices previously published in *Under the Rose Apple Tree* plus 3 never before published stories. With 10 b/w illustrations by Philippe Ames and Nguyen Thi Hop. Ages 6-13. (Second graders and up) *Saying goodbye to Mom at the kindergarten door can be tough. Samuel hates it and wishes he could have a tiny, pocket-sized mommy to carry around with him all day. His mom slips a pretend mommy into his pocket, and when she comes to life, Samuel is delighted . . . at first. But he soon discovers that having a mom along in kindergarten isn't as much fun as he thought it would be. Sure, she helps him remember the words to songs and keeps him company. But she also rearranges the bookshelf, corrects his artwork, and tries to clean out the guinea pig cage--all with disastrous (and comic) results. An energetic romp with a sweet core, *The Pocket Mommy* follows one little boy as he navigates the age-old conflict between the comfort of the familiar and the joy of letting go. 'Keep a Little Courage in Your Pocket' is formatted in comic book style led by a little narrator named 'Courage' who takes hospitalized children on an adventure and teaches them how to cope with their hospital stay through playful tools and effective techniques. Children manage pain, surmount the 'pokes' of IV starts, lab draws, PICC line placements, loneliness, asthma, chemotherapy and more with the resources of 'Angie's Place' a children's wonderland library inside hospital walls. Children, their siblings, parents can read this together when preparing prior to a hospital stay and practice while in the hospital to understand and cope with the experience. A practical teaching tool to reduce fear, anxiety, and isolation. The illustrations are magical! The information vital and kid-friendly! The definitive translation of the seminal treatise on the code of the samurai. Living and dying with bravery and honor is at the heart of *Hagakure*, a series of over 1,300 short texts written by eighteenth-century samurai Yamamoto Tsunetomo. These texts illuminate the classic Japanese concept of bushido (the Way of the Warrior), which dictated how samurai were expected to behave, conduct themselves, live, and die. Acclaimed translator William Scott Wilson has selected and translated here three hundred of those texts to create an accessible distillation of this guide, making it one of the most thorough and astonishing windows into the captivating world of the samurai available. This edition includes an introduction that delves into the Zen concept of muga, or "death" of the ego, giving an in-depth historical and philosophical background for the more metaphorical reading of *Hagakure* that is based on Tsunetomo's reference to bushido as "the Way of death." Through this lens, which has held a morbid fascination for readers through the years, the classic takes on a fresh and nuanced appeal. This book was previously published under the title*

Hagakure. This book is part of the Shambhala Pocket Library series. The Shambhala Pocket Library is a collection of short, portable teachings from notable figures across religious traditions and classic texts. The covers in this series are rendered by Colorado artist Robert Spellman. The books in this collection distill the wisdom and heart of the work Shambhala Publications has published over 50 years into a compact format that is collectible, reader-friendly, and applicable to everyday life. Each year of life brings seasons of loneliness, doubt, joy, confusion, fear, reasons for celebration, and occasions for grieving. *365 Pocket Prayers* lets you grow closer to God with each passing day. With this convenient, easy-to-carry, quick-access prayer guide you will be able to express your hopes and heartaches to the God who listens in times both good and bad. Look for other books in the Pocket Prayers series from Tyndale. One day a little girl spies a pretty rainbow hanging in the sky. What does she do with it? Lyn Kulow's colourful children's book *There's a Rainbow in My Pocket* is a magical story about friendship and imagination. Join the little girl and her animal friends as she swings, slides and splashes her way from morning till night using her rainbow for all sorts of wonderful things. What would you do if you had a rainbow in your pocket? Two groups of animals tell each other about the food and other things that they put in their pockets. This Little Pocket Book is a gift book with a twist! The book has a little gift tucked into the front pocket. Here's a new way to remind those we care about that someone is thinking of them in a loving way. To protect the gift and embellishment, an acrylic sleeve fits snugly over the entire front cover. In *Faithful Friends*, pet lovers are reminded how wonderful life is when we share it with our four-legged friends. The little picture frame included in the pocket is a perfect way to say hello to another pet lover. The receiver can place their own pet picture in the frame, or simply enjoy the vintage terrier pictured on it. When Mommy leaves she always knows to give me kisses from head to toe. Kisses to save and use all day, whenever I need one and Mommy's away... *Pocket Kisses* is the perfect book for kids missing Mom while she's away. Each page celebrates the special pocket kisses Mommy leaves behind -- a boo-boo kiss, snack-time kiss, bedtime kiss, and more -- all revealed beneath each of the 7 sturdy lift-the-flaps. There's also a fabric pocket on the front cover and a special keepsake "pocket kiss" that kids can punch out and hold on to, reminding them that Mommy's love is always with them! A New York Times Best Art Book of 2019 "A riveting book . . . few stones are left unturned."—Roberta Smith's "Top Art Books of 2019," The New York Times This fascinating and enlightening study of the tie-on pocket combines materiality and gender to provide new insight into the social history of women's everyday lives—from duchesses and country gentry to prostitutes and washerwomen—and to explore their consumption practices, sociability, mobility, privacy, and identity. A wealth of evidence reveals unexpected facets of the past, bringing women's stories into intimate focus. "What particularly interests Burman and Fennetaux is the way in which women of all classes have historically used these tie-on pockets as a supplementary body part to help them negotiate their way through a world that was not built to suit them."—Kathryn Hughes, The Guardian "A brilliant book."—Ulinka Rublack, Times Literary Supplement From Booker Prize-winning author John Berger, a collection of essays that explores the relationship of art and artists and includes examinations of the work of Brancusi, Degas, Michelangelo, and Frida Kahlo, among others. The pocket in question is a small pocket of resistance. A pocket is formed when two or more people come together in agreement. The resistance is against the inhumanity of the New World Economic Order. The people coming together are the reader, me, and those the essays are about—Rembrandt, Paleolithic cave painters, a Romanian peasant, ancient Egyptians, an expert in the loneliness of a certain hotel bedroom, dogs at dusk, a man in a radio station. And unexpectedly, our exchanges strengthen each of us in our conviction that what is happening in the world today is wrong, and that what is often said about it is a lie. I've never written a book with a greater sense of urgency. —John Berger Presents advice for parents of two-to-five-year-olds, beginning with an overall approach to discipline, followed by an A-to-Z compendium of common problems and their solutions. *PICTURE STORYBOOKS*. There are so many questions and thoughts that chase through your mind! Why is the sky blue? Why do the ants queue in such a straight line? Why are some words kind and some words harsh?. Ages 0+ The Pocket Book is for use by doctors nurses and other health workers who are responsible for the care of young children at the first level referral hospitals. This second edition is based on evidence from several WHO updated and published clinical guidelines. It is for use in both inpatient and outpatient care in small hospitals with basic laboratory facilities and essential medicines. In some settings these

guidelines can be used in any facilities where sick children are admitted for inpatient care. The Pocket Book is one of a series of documents and tools that support the Integrated Managem. This irresistible childhood classic is a delightful sequel to the original, well-loved tale Corduroy. This charming story takes readers into a multi-ethnic, urban neighborhood Laundromat, where Lisa's mother warns her to take everything out of her pockets before washing. Pockets! Corduroy doesn't have any pockets! The furry bear's search for a pocket of his own takes him on an adventure filled with the sights, sounds, smells and hazards of the Laundromat. As a result, Lisa and her beloved bear become separated as Corduroy ends up locked inside the Laundromat all night. And what do bears do all night in places like this? They ski in the soap flakes and nap in the baskets, of course! Fortunately, Lisa returns early the next morning to reclaim her tired little friend. Soon, Lisa is sewing Corduroy a pocket of his very own and again all is well in the life of Corduroy. "This merry tale gets added interest from...the setting, a multi-ethnic urban neighborhood, of cuddly Corduroy and his pal Lisa, a black child, and her attractive mother." — Publishers Weekly. Gangaji, the American-born teacher who has influenced the lives of thousands of people through her retreats and public events, helps us to reconcile the observations and questions that arise along the spiritual path. Like a precious gem, The Diamond in Your Pocket cuts through what is false and illuminates what is true - a brilliant series of contemplations and insights you will want to hold dear and return to again and again. The book "Poetry Pocket" is a compilation of different types of poems for children. It is written as a guide and teaching tool to facilitate the introduction and application of requirements in specific genres. It also demonstrates how words can be manipulated to render desired sounds, rhythm, shapes, and forms while expressing ideas and thoughts in a creative manner. Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized looseleaf is one of the best-selling references for medical students, interns, and residents on the wards and candidates reviewing for internal medicine board exams. In bulleted lists, tables, and algorithms, Pocket Medicine provides key clinical information about common problems in internal medicine, cardiology, pulmonary medicine, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, and rheumatology. This Fifth Edition is fully updated and includes a sixteen-page color insert with key and classic abnormal images. If you purchased a copy of Sabatine: Pocket Medicine 5e, ISBN 978-1-4511-8237-8, please make note of the following important correction on page 1-36: Oral anticoagulation (Chest 2012;141:e531S; EHJ 2012;33:2719; Circ 2013;127:1916) · All valvular AF as stroke risk very high · Nonvalv. AF: stroke risk ~4.5%/y; anticoag @ 68% ↓ stroke; use a risk score to guide Rx: CHADS2: CHF (1 point), HTN (1), Age =75 y (1), DM (1), prior Stroke/TIA (2) CHA2DS2-VASc: adds 65-74 y (1) =75 y (2), vasc dis. [MI, Ao plaque, or PAD (1)]; ? (1) score ³2 @ anticoag; score 1 @ consider anticoag or ASA (? latter reasonable if risk factor age 65-74 y, vasc dis. or ?); antithrombotic Rx even if rhythm control [SCORE CORRECTED] · Rx options: factor Xa or direct thrombin inhib (non-valv only; no monitoring required) or warfarin (INR 2-3; w/ UFH bridge if high risk of stroke); if Pt refuses anticoag, consider ASA + clopi or, even less effective, ASA alone (NEJM 2009;360:2066) Please make note of this correction in your copy of Sabatine: Pocket Medicine 5e immediately and contact LWW's Customer Service Department at 1.800.638.3030 or 1.301.223.2300 so that you may be issued a corrected page 1-36. You may also download a PDF of page 1-36 by clicking [HERE](#). All copies of Pocket Medicine, 5e with the ISBN: 978-1-4511-9378-7 include this correction. Pocket Emergency Medicine, Fourth Edition, provides accurate, actionable, and easily accessible information for clinicians on the front lines of emergency care. Designed to be used at the bedside, it's an outstanding go-to source for the essential information you need to care for patients in life-threatening situations. This volume in the popular Pocket Notebook series provides a concise and focused review of the entire field of emergency medicine -- from history and physical exam to differential diagnosis testing to therapeutics to disposition - all in one easy-to-navigate looseleaf notebook. Features: Mirrors the thought process of emergency medicine clinicians in day-to-day practice. Fully updated throughout. Bulleted lists, tables, diagrams, and algorithms make essential facts easy to find and retain Covers all major organ systems, plus emergencies related to the environment, pediatrics, the psychiatric patient, toxicology, airway management, trauma, and more. Contains useful quick-reference appendices on Abbreviations, PALS, ICU medications, equations, and more. Written by emergency medicine residents from the University of Colorado and Harvard University, and

edited by senior faculty. - The simplest, most convenient alphabetized pocket guide to American Sign Language (ASL). Arranged in an easy-to-use dictionary format, this edition contains more than 600 signing entries with accompanying directions and illustrations. Inside you'll find many special highlights, including: · Over 600 signs - a selection of the most commonly used phrases · Detailed illustrations -- showing exact hand positions and movements · Fingerspelling -- to aid in communicating words for which there are no signs · Memory aids -- to assist in recalling how to form signs · Special sections -- on forming numbers, letters, and constructing word endings · Comprehensive Index - of entries and their synonyms for easy cross-referencing The Pocket Dictionary of Signing is the most complete pocket guide to basic sign language -- and it's portable enough to be carried anywhere in a pocket or purse. "Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized loose-leaf is created in the style of Pocket Medicine by providing key clinical data for students and residents and focuses on patient care in the outpatient setting. Pocket Primary Care is a handy summary of key clinical information designed to form the basis of an individual's pocket notebook or to be integrated into one's own notebook. Includes areas of: preventive medicine, cardiovascular, dermatology, endocrine, gastrointestinal, hematology, infectious disease, musculoskeletal, neurology, ophthalmology/ ENT, psychiatry/social, pulmonary, renal/urology, special populations, women's health, men's health, and geriatric"-- This pocket book includes everyday information which the architect/designer has to find from a wide variety of sources. The book includes data about planning, structure, services, building elements, materials and useful addresses. The sole purpose of this book is to teach you to THINK and to THINK correctly. In "MY LIFE IN MY POCKET FOR HIGH SCHOOL STUDENTS" you will learn that there are 24 Pockets of Success. Each pocket represents an aspect of life-a lesson to help you think about various situations that you will face-things like Goals, Hope, Disappointment, Anger, Humiliation, Money, Dating, and Loss. Think of this book as a zero to 100-point quiz: you get zero if you don't write anything in the book and 100 for completing each section. By answering the questions in this book, you will learn how to be successful by engaging in a conversation with yourself through the five senses of success. By using these senses you can, and will, have your dreams come true if you think about them, visualize having them, feel good about them, write them down and act on your ideas. You will recognize the power of words and how you must have certain words "in the pocket." These words will affect your decision-making and your way of thinking and how you think can make the difference between success and failure. Where you are today does not determine where you will be tomorrow. What determines your tomorrow is what you THINK about today. BR> AUTHOR BIOGRAPHY K.L. Lewis is a leading expert on Self-Advocacy. She has devoted the last fifteen years to helping families with children with special needs to advocate for their children, and travels around the country speaking and leading seminars that help individuals and businesses achieve success through goal-setting and outlining, "what they want to have," "what they want to be," and "what they want to do." She is the President and Founder of The Ripple Effect (www.TheRippleEffect.tv), a company that helps businesses and individuals realize their potential by understanding what Earl Nightingale states, "we become what we THINK about," and that the impossible takes a little longer, but not much. Kathy is also the author of the "My Life in My Pocket" series of books (www.MyLifeinMyPocket.com). She lives with her husband and two daughters in Tampa, Florida. Modern life presents so many challenges that keeping a balanced perspective can be difficult. The Pocket Book of Positives will ensure that you remain focused on getting the very best out of your life, however trying the circumstances might be. Brimming with optimism, this little book aims to be the perfect companion for life's journey'wise, humorous, reliable, enthusiastic, encouraging and always there when you need them. "A comprehensive reference guide to the spiritual healing qualities and scientific properties of hundreds of sacred crystals, minerals, and gemstones, this book includes color photographs to aid in stone identification"-- Swap worry and anxiety for joy and contentment and choose to live in a happier way. Happiness is like the answer to a riddle. The more we want it and the more we seek it, the more elusive it becomes. And yet, when we are least conscious of looking for it, it can envelop us in a warm sense of contentment and belonging, making a single moment precious and valuable beyond measure. A feeling of happiness has the power to light up our whole being. Scientists will tell us that happiness has the power to heal and to extend life. It is

the ingredient we all seek to make our lives complete. Like the air we breathe, we are not conscious that we need it, until it disappears. Happiness makes us feel glad to be alive. The Little Pocket Book of Happiness offers you a more joyous approach to living and thinking; a shift in approach that may reframe your view of the world; simple things you can do to reconsider your life - consciously - so that you can decide whether now is the time when you can be happier. It includes strategies to warm the heart and open the mind to the extraordinary power of happiness. It shares the experiences of others and provides the closest we might have to a happiness 'formula'. The good news is, happiness is within everyone's grasp.

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- [Keep A Little Courage In Your Pocket](#)
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